

# DASH *of* GRACE

## Newborn Checklist

### Clothing

- 2-3 pairs of newborn gloves
- 2 newborn size hats
- 4-6 pairs newborn socks and/or booties
- 3-4 pairs of pajamas (with zippers not snaps)
- Other sleepers (i.e. sleep sacks, wearable blankets, etc. I recommend getting one of each and seeing what your baby likes)
- 4-6 newborn Short sleeve onesies
- 4-6 newborn long sleeve onesies
- 3-4 newborn pants/ leggings
- Dreft detergent and stain remover spray

### Bedding

- 3-5 swaddle blankets (I like muslin)
- 3-4 other warmer blankets
- Bassinet or co-sleeper
- Crib
- 2-3 fitted Crib sheets
- 2 waterproof mattress covers
- Firm mattress (if using crib)

### Feeding

- Breast pump
- Milk storage bags
- Bottles with newborn nipples (Start with a couple until you figure out what your baby likes)
- Nursing Pillow
- Nursing bras (at least 2 daytime and 2 sleeping)
- Nursing pads
- Lotion for sore nipples
- Bibs and burp cloths (not sure you can have enough or too many)

### Diapering

- Diapers (I recommend Pampers Swaddlers)
- Wipes
- Diaper pail
- Changing pad
- 2 changing pad covers
- Cream for diaper rash
- Diaper bag

### Gear

- Car seat
- Stroller
- Baby monitor

### Bathtime

- Infant tub
- 2-3 hooded towels
- 6-8 washcloths
- Baby shampoo
- Baby body wash

### Grooming and Health

- Comb or brush
- Nail clippers
- Bulb syringe
- Digital thermometer (rectal most accurate)
- Medication for fever
- Petroleum jelly

### Other things that I strongly recommend:

- Bottle drying rack
- Wipe warmer (really helps with middle of the night changes)
- 1-2 newborn size sweaters
- 3-4 Changing pad liners (so you don't have to constantly wash your covers)
- Sanitizing wipes for pacifiers (great for on-the-go)
- Sound machine
- 2-3 newborn dress-up outfits (you'll want to show your baby off!)
- Gripe water (Natural relief for colic and gas)
- Baby carrier or sling
- Portable playpen (great for traveling or trips to grandma and grandpa's house)
- 2-4 pacifiers
- Pacifier clips
- Swing
- Rocking chair or glider
- Baby hangers
- Play mat
- Rattles and other toys for newborns
- Car seat cover and/or window shades (if your rear car windows aren't tinted - also nice for trips to the store so strangers don't get too close to your newborn)
- Dresser
- Hamper
- Changing table or topper